



Camino de Santiago: Portuguese Coastal Way Variant (125 km - 77 miles)

Prepared for The Skot Family

Welcome to your personalized pilgrimage itinerary. This document serves as your comprehensive daily walking guide, detailing each stage of your journey from the coastal beauty of Oia to the historic finish line in Santiago de Compostela.

Each section below outlines your specific path, including estimated distances, terrain types, and the unique cultural landmarks you will encounter each day. Walking along the Atlantic cliffs, this guide will ensure you know exactly what to expect on your way to the Praza do Obradoiro. (Cathedral Santiago)

**Scan QR code on your mobile device to access your
Camino Companion Daily Guide.**



Follow the yellow arrows and shells along your way.





Stage 1: OIA – BAIONA

Friday 3 April

First section of the Portuguese Coastal Way, from the **Monastery of Santa María de Oia** to the **Parador Nacional de Baiona**.

The stretch from Oia to Baiona is one of the most serene and visually stunning sections of the entire coastal route, blending natural beauty, maritime heritage, and expansive ocean views.

Itinerary: Oia to Baiona

- **Distance:** Approximately 17–18 km -10 miles. *Reduced to 10km for a shorter walk.*
- **Estimated Duration:** 4.5 – 5.5 hours.
- **Difficulty:** Easy to moderate, with a mostly flat coastal path.
- **Terrain:** Primarily paved or compact dirt, with high sun exposure.

Section	Approx. Distance	Description and Points of Interest
Monastery of Oia → Mougás	6 km 3.73 miles	Starts at the impressive 12th-century Cistercian Monastery of Santa María de Oia on the ocean's edge. The route follows the coastal road north or the <i>Estrada Real</i> . You will pass through quiet lanes, nature trails, small stone houses, and traditional fishing spots. The terrain is flat.
Mougás → As Mariñas → Cabo Silleiro	8 km (4+4) 4.97 miles	The coast becomes wilder with rocky outcrops. You will pass As Mariñas, a rural area with the ocean as a constant companion. You approach Cabo Silleiro, marked by its iconic lighthouse, one of the most dramatic viewpoints on the Coastal Way.
Cabo Silleiro → Parador de Baiona	3–4 km 1.86 - 2.49 miles	The path descends from the cape along a promenade and scenic road into Baiona. Entering the outskirts, you pass the <i>Virxe da Rocha</i> statue. The landscape softens with sandy beaches and palm trees. The stage ends at the Parador, a historic fortress with panoramic views of the bay and the Cíes Islands.

Stage Highlights

- **Monastery of Santa María de Oia:** A striking oceanfront monastery that creates a powerful and memorable start to the Camino.
- **Atlantic Coastal Walking:** Continuous sea views and the sound of waves accompany you along one of the most scenic coastal stretches.
- **Wild Coast & Cabo Silleiro:** Rugged coastline leading to the iconic lighthouse, offering panoramic views over the Atlantic.
- **Descent into Baiona:** A beautiful transition from raw coastline to sheltered bays, beaches, and a more relaxed seaside atmosphere.



STAGE 2: BAIONA – VIGO (MUSEO DO MAR)

Saturday 4 April

The route passes several beaches and offers views of the Cíes Islands at every turn. Most of the route is marked with **green arrows (alternate route arrows)** and is an attractive option for cyclists due to its minimal elevation changes, although navigating the pedestrian promenades can be challenging.

Itinerary: Baiona to Vigo (Sea Museum)

- **Distance:** 23 km - 12.3 Miles - *Reduced to 12 km for a shorter walk*
- **Duration:** 4 – 5 hours.
- **Terrain:** Promenade, asphalt, and sidewalks.

Section	Approx. Distance	Description and Points of Interest
Parador (Baiona) → A Ramallosa Bridge	6 km 3.73 miles	Coastal walking out of Baiona through Sabarís. Cross the Miñor River estuary via the historic A Ramallosa Bridge (major landmark).
A Ramallosa → Praia América	2 km 1.24 miles	Easy continuation toward Praia América , one of the best-known beaches on this stretch.
Praia América → Panxón → Patos	4 km 2.49 miles	Beach-town promenade and quiet streets through Panxón (incl. the Votive Temple of the Sea), continuing toward Patos .
Patos → Saiáns / Canido	6 km 3.73 miles	A scenic coastal run linking beaches and residential lanes as you approach Vigo's outer neighbourhoods.
Saiáns / Canido → Samil Beach	3 km 1.86 miles	Reaches Samil , Vigo's most famous beach, with a long, straightforward promenade.
Samil Beach → Museo do Mar (Alcabre)	2 km 1.24 miles	Finish at the Museo do Mar de Galicia in Alcabre , set in a former canning-factory site on the waterfront.

Stage Highlights

- **Coastal Walking with Cíes Island Views:** Continuous oceanfront paths with stunning views of the Atlantic and the iconic Cíes Islands.
- **A Ramallosa Bridge & Estuary Crossing:** A key historic landmark marking your transition along the Miñor River into the next coastal stretch.
- **Samil Beach to Museo do Mar Finish:** A beautiful final section along Vigo's most famous beach.



SUNDAY 5 APRIL REST DAY

CÍES ISLAND BOAT EXPERIENCE (DAY) PRIVATE COOKING SESSION WITH PEPE VIEIRA CHEF. (EVENING)

This is one of the standout days of your Camino journey, designed to step away from the trail and experience Galicia from a completely different perspective. The day combines the natural beauty of the Atlantic Islands with time to enjoy the coastline at a relaxed pace.

After a gentle start to the morning, a private transfer takes you to Vigo Harbour for your private boat to the Cíes Islands, part of the Atlantic Islands National Park. Here, you will spend time at Playa de Rodas, often considered one of the most beautiful beaches in Spain, with the option to swim, unwind, or take a scenic walk to Monte Faro for sweeping Atlantic views. A prepared picnic lunch allows you to fully enjoy the island setting without interruption.

The experience continues into the evening with a private cooking session led by a Michelin-level chef, offering a more intimate and memorable way to connect as a family. This day is designed to balance nature, relaxation, and shared experience, creating one of the most memorable moments of your journey.

→ **Morning (Flexible):**

Relaxed Start, enjoy a slow morning with breakfast at the hotel before preparing for the day ahead.

→ **11:30 Transfer to Harbour:**

Private transfer to Vigo Harbour in time for your departure.

→ **12:00 Boat Departure to Cíes Islands:**

Private boat departs Vigo Harbour. Enjoy the coastal approach and Atlantic views.

→ **On the Island (Flexible):**

Cíes Experience. Time at Playa de Rodas to relax, swim, or explore. Optional walk to Monte Faro for panoramic views.

→ **12:30 – 13:30 (Flexible) Picnic Lunch:**

Enjoy your prepared picnic lunch on the island.

→ **Late Afternoon (Flexible) Return to Hotel:**

The boat returns to Vigo, followed by a transfer back to the hotel.

→ **20:00 Private Cooking Experience:**

Family cooking session at the hotel with a Michelin-level chef, closing the day with a unique culinary experience.



STAGE 3: VIGO (SENDA DA AUGA) – REDONDELA

Monday 6 April

This stage starts directly on the **Senda da Auga / Camiño da Traída das Augas** (Teis) and follows the Camino's typical wooded ridge route toward **Rego Fondón**, then continues via **San Andrés de Cedeira** before descending into **Redondela**.

Start Point: Senda da Auga, Cño. Fonte das Mozas, Vigo

Finish: Plaza de Rivadavia (Redondela)

Route: Portuguese Coastal Way (joins the Central Way in Redondela)

Distance: 11.6 km (7.21 miles)

Difficulty: Easy (mixed paths/asphalt, with a long descent into Redondela)

Section	Approx. Distance	Description and Points of Interest
Senda da Auga (Fonte das Mozas) → Rego Fondón	4.5 km 2.80 miles	Scenic water-path/woodland walking with intermittent urban edges. Reach Rego Fondón (small waterfall).
Rego Fondón → San Andrés de Cedeira	4.0 km 2.49 miles	Rolling wooded track and rural lanes. Pass Iglesia de San Andrés de Cedeira (good place to stamp your credential).
Cedeira → Plaza de Rivadavia (Redondela)	3.1 km 1.93 miles	Steady descent into Redondela to Plaza de Rivadavia , our stage finish. Redondela is where the Coastal and Central Portuguese routes converge.

Stage Highlights

- **Senda da Auga (Water Route of Vigo):** A unique and scenic start following historic water channels above the city, offering a rare combination of woodland tranquillity and elevated views over Vigo and the Ría.
- **Forest Ridge Walking:** One of the most pleasant walking sections on the Coastal Way, with shaded paths, soft terrain underfoot, and a consistent, gentle flow ideal for an easy stage.
- **Rego Fondón Waterfall:** A small but picturesque natural stop along the route, adding a quiet moment of interest within the forested landscape.
- **Iglesia de San Andrés de Cedeira:** A traditional Galician church and a well-known pilgrimage stamping point, offering a cultural pause before the final descent.
- **Descent into Redondela:** A long, gradual downhill section with expanding views as you approach the town, marking a transition from rural paths back into a lively Camino hub.
- **Plaza de Rivadavia Arrival:** A charming and authentic Galician town square, providing a rewarding and relaxed finish to a shorter, scenic stage.



STAGE 4: REDONDELA – PONTEVEDRA (IGLESIA PEREGRINA)

Tuesday 7 April

This stage is significant because the Portuguese Coastal Way and the Central Way are already joined from Redondela onward. It is one of the most traditional Camino stages, with varied terrain including urban stretches, wooded paths, and village crossings.

Itinerary: Redondela (Plaza de Rivadavia) → Pontevedra (Praza da Peregrina)

Total Distance: 18.2 km - 11.31 miles - *Reduced to 10 km for a shorter walk.*

Estimated Duration: 4.5 – 5.5 hours (*official estimate approx. 4h 35m*)

Difficulty: Easy to Moderate (mostly flat to gently undulating, with a few steady climbs)

Terrain: Forest tracks, secondary asphalt, and urban streets

Section	Approx. Distance	Description and Points of Interest
Plaza de Rivadavia → Cesantes	3 km 1.86 miles	The route begins in the heart of Redondela, with the railway viaducts as a backdrop. You leave town via local streets and head toward the estuary side, with views across the Ría de Vigo toward San Simón and Santo Antón islands.
Cesantes → Igrexa de Santa María de Ponte Sampaio	6 km 3.73 miles	After Cesantes, the path enters the municipality of Soutomaior , mixing rural lanes and dirt tracks. You descend toward the Verdugo River and reach Ponte Sampaio . A key landmark is the Igrexa de Santa María de Ponte Sampaio , beside the historic bridge and the site of the 1809 battle against Napoleonic troops.
Ponte Sampaio → Bértola	5 km 3.11 miles	After crossing the bridge, the route climbs gently through one of the stage's most pleasant sections: woodland paths, quiet lanes, and small villages. You pass through the Bértola area, with fountains and cruceiros.
Bértola → Pontevedra outskirts (station area)	3 km 1.86 miles	The path gradually widens, returning to more asphalt as you approach Pontevedra. You pass through suburban outskirts and continue toward the station zone.
Station area → Praza da Peregrina	2 km 1.24 miles	Final urban walk into the historic centre (casco histórico). The stage ends at Praza da Peregrina , home to the Sanctuary of the Virgin Pilgrim, patron of the Portuguese Way in Pontevedra.

Stage Highlights:

- **San Simón Island Views:** Early estuary views toward San Simón and Santo Antón islands.
- **Ponte Sampaio Bridge:** Historic bridge crossing and one of the stage's defining landmarks.
- **Arcade (Oysters):** Classic Camino stop known for its oysters and local food.
- **Praza da Peregrina:** Iconic Pontevedra square and home of the Pilgrim Virgin sanctuary.



REST DAY - PONTEVEDRA Rest and Reflection Day Overview

Wednesday 8 April

A meaningful pause in your Camino journey, this day is designed for rest and quiet reflection. Pontevedra's elegant old town offers the perfect setting to slow down, with its pedestrianised streets, historic squares, and relaxed Galician rhythm. The day remains flexible, allowing you to explore at your own pace or simply rest and recharge.

Our private van is available should you wish to visit nearby cultural sites such as Monasterio de Poio or Armenteira, offering a deeper connection to the region beyond the walking route. Alternatively, you may choose to remain in Pontevedra and enjoy the city's calm atmosphere.

The day centres around shared family time, with a relaxed lunch at O Bocoí and concludes with the Mass Intention at Santuario de la Virgen de la Peregrina, held in memory of Victoria.

→ **Morning – Afternoon (Flexible) Historic Centre & Rest.**

Enjoy a slow-paced day exploring Pontevedra's elegant old town. Take relaxed walks through quiet streets and squares, with time for cafés and rest as needed.

→ **Afternoon (Flexible) Optional Cultural Visit**

If energy allows, consider a short visit to the nearby Monasterio de Poio or Armenteira. Otherwise, keep the afternoon light and restorative.

→ **14:30 Departure to Lunch**

Make your way to O Bocoí Restaurant for your lunch reservation.

→ **15:00 Lunch at O Bocoí**

Enjoy a relaxed lunch in one of the most sought-after restaurants, with time to unwind and enjoy the local cuisine.

→ **19:15 Mass Intention & Reflection**

Attend the family's commemorative Mass Intention at Santuario de la Virgen de la Peregrina, followed by a quiet time for reflection.



STAGE 5: PONTEVEDRA (IGLESIA PEREGRINA) – CALDAS DE REIS

Thursday 9 April

The route begins at the **Iglesia de la Virgen Peregrina** in Pontevedra, leaving the historic centre before crossing the Río Lerez. It continues through Alba and rural Galicia, passing eucalyptus forests, vineyards, and small hamlets before reaching the thermal town of Caldas de Reis, known for its Roman heritage and hot springs.

Total Distance: 21.1 km – 13.11 miles - *Reduced to 12 km for a shorter walk.*

Estimated Duration: 5 hr walking time

Difficulty: Easy (longer stage with gentle but consistent undulation)

Terrain: Urban streets, cobblestone paths, country roads, forest tracks, and rural trails

Section	Approx. Distance	Description and Points of Interest
Iglesia Peregrina → Puente del Burgo (Río Lerez)	1–2 km 0.62–1.24 miles	The stage begins in Pontevedra's historic centre at the iconic pilgrim church. You soon cross the medieval Puente del Burgo over the Lerez River, marking your transition from city to countryside.
Puente del Burgo → Alba / San Caetano	3–4 km 1.86–2.49 miles	Leaving the city, the Camino passes through the outskirts and into quieter residential and semi-rural areas. The terrain is gentle and ideal for settling into a rhythm early in the day.
Alba → San Amaro / Valbón area	5–6 km 3.11–3.73 miles	This section moves through classic Galician countryside, with vineyards, small farms, and shaded forest paths. Expect a mix of dirt trails and quiet roads with light elevation changes.
Valbón → Tivo / Caldas outskirts	5–6 km 3.11–3.73 miles	The route becomes increasingly rural, passing through hamlets and woodland. This is a steady, rolling section without major climbs but can feel long due to distance.
Caldas outskirts → Caldas de Reis (Town Centre)	2–3 km 1.24–1.86 miles	The final approach follows the Bermaña River into Caldas de Reis. The stage ends in this historic spa town, famous for its thermal waters, Roman bridges, and relaxed atmosphere.

Stage Highlights

- Puente del Burgo: A historic medieval bridge marking your departure from Pontevedra.
- Thermal Springs of Caldas de Reis: A traditional spa town where pilgrims have relaxed for centuries.
- Bermaña River Walk: A tranquil and scenic final approach into town.



STAGE 6: CALDAS DE REIS – PADRÓN

Friday 10 April

The route begins in the thermal town of Caldas de Reis, following the Río Bermaña before gradually ascending through woodland and rural Galicia. Passing through small villages such as Santa Mariña and Cruceiro, the Camino continues through shaded forest tracks and quiet country roads, eventually descending into Padrón, a town deeply connected to the legend of St. James and the final days before reaching Santiago.

Total Distance: 18.5 km – 11.50 miles. *Reduced to 12 km for a shorter walk.*

Estimated Duration: 4 hr 30 min walking time

Difficulty: Moderate (steady ascent in the first half, followed by a gentle descent)

Terrain: Cobbled streets, forest tracks, rural paths, country roads, and village lanes

Section	Approx. Distance	Description and Points of Interest
Caldas de Reis → Santa Mariña de Carracedo	5–6 km 3.11–3.73 miles	Depart Caldas crossing the Bermaña River before a gradual ascent through shaded woodland. This early section is peaceful and sets a steady rhythm for the day.
Santa Mariña → Cruceiro / O Pino area	4–5 km 2.49–3.11 miles	The route continues through small Galician villages and forest paths. Expect a mix of dirt trails and quiet roads with gentle elevation changes.
O Pino area → San Miguel de Valga	4–5 km 2.49–3.11 miles	This middle section alternates between woodland and open countryside. The terrain becomes easier, with flatter stretches allowing for a more relaxed pace.
Valga → Iria Flavia (Outskirts of Padrón)	3–4 km 1.86–2.49 miles	Approaching Padrón, you pass through Iria Flavia, historically significant as one of Galicia's oldest settlements and closely tied to the Camino story.
Iria Flavia → Padrón (Town Centre)	1–2 km 0.62–1.24 miles	The final stretch leads into Padrón, where tradition holds that the remains of St. James first arrived in Galicia. The stage ends in this historic and symbolic town.

Stage highlights

- **Thermal Town Departure:** Leaving Caldas de Reis with its Roman spa heritage and riverside setting.
- **Shaded Forest Trails:** Long stretches through eucalyptus and oak forests provide shelter and tranquility.
- **Iria Flavia:** A historically significant site linked to the arrival of St. James's remains.
- **Padrón:** One of the most important towns on the Camino, rich in pilgrimage history and known for its famous Padrón peppers.



REST DAY - COASTAL DAY

Saturday 11 April

Julia or André are available with the Camino van to take you to these coastal areas, allowing you to experience a broader side of Galicia beyond the Camino. The day remains fully flexible; if you prefer, you may also choose to stay at the hotel and enjoy time at your own pace.

→ **Morning (Flexible) Scenic Coastal Outing**

Begin the day with a relaxed drive and light exploration along Galicia's coastline, taking in sea views and fresh Atlantic air.

→ **Early Afternoon (Flexible) Tapas in O Grove**

Pause for lunch in O Grove, known for its seafood and laid-back coastal atmosphere.

→ **Afternoon (Flexible) Coastal Exploration**

Continue with easy stops along the coast, including A Lanzada and A Toxa, adjusting the pace based on energy and weather.

→ **20:30 Dinner at Pepe Vieira (Booked)**

The day concludes with a two-Michelin-star dining experience at Pepe Vieira, offering a refined and memorable end to your journey.



STAGE 7: IGREXA DA ESCRAVITUDE – SANTIAGO DE COMPOSTELA (CATHEDRAL)

Sunday 12 April

The route begins at the **Sanctuary of A Escravitude**, one of the most symbolic religious sites on the Portuguese Camino. From here, the path ascends gently through woodland and small Galician villages before reaching Milladoiro, where you will catch your first distant view of the Cathedral spires. The final kilometres lead you into the historic centre of Santiago, culminating in your arrival at the Cathedral in Praza do Obradoiro.

Total Distance: 15.2 km – 9.44 miles

Estimated Duration: 3 hr 45 min walking time

Difficulty: Moderate (steady ascent toward Milladoiro, followed by urban approach)

Terrain: Rural paths, forest tracks, village roads, suburban streets, and historic city paving

Section	Approx. Distance	Description and Points of Interest
Igrexa da Escravitude → Angueira de Suso	3–4 km 1.86–2.49 miles	Depart the sanctuary and move through quiet rural terrain. The path is gentle, passing through woodland and small hamlets, allowing for a calm and reflective start to the final stage.
Angueira de Suso → O Faramello	4–5 km 2.49–3.11 miles	The route continues through shaded forest paths and traditional Galician countryside. This section includes gradual elevation gain, with a peaceful and steady rhythm.
O Faramello → Milladoiro	4–5 km 2.49–3.11 miles	The most sustained ascent of the day brings you to Milladoiro. From here, pilgrims traditionally catch their first view of Santiago Cathedral in the distance—a defining emotional moment of the Camino.
Milladoiro → Santiago (Historic Centre)	3–4 km 1.86–2.49 miles	The Camino transitions into suburban streets before entering Santiago's historic centre. The route becomes more urban, with a steady flow of pilgrims converging toward the city.
Historic Centre → Santiago Cathedral (Praza do Obradoiro)	0.5–1 km 0.31–0.62 miles	The final approach winds through narrow stone streets before opening into the Praza do Obradoiro. Your journey concludes at the Cathedral of Santiago de Compostela, one of the most iconic pilgrimage destinations in the world.

Stage Highlights:

- **Sanctuary of A Escravitude:** A deeply spiritual starting point tied to pilgrimage tradition.
- **Galician Woodland and Villages:** A calm and reflective route through classic rural Galicia.
- **First View of Santiago (Milladoiro):** The Cathedral first appears on the horizon.
- **Praza do Obradoiro & Cathedral:** The symbolic and physical end point of the Camino journey.



SANTIAGO DE COMPOSTELA

Celebration Day

Monday, 13 April 2026

Today is a day to fully absorb and celebrate what you have achieved together. Santiago is not just the end of the Camino, but its emotional and spiritual culmination. This day is intentionally unstructured, allowing time to revisit meaningful places, reflect on your journey, and enjoy the city at your own pace, balanced with relaxation and a special evening to mark the occasion.

Suggested Flow of the Day

- **Morning (Flexible)** – Return to the Cathedral
You may wish to revisit the Cathedral area, this time without the momentum of arrival. Take time to step inside, sit quietly, and fully take in the significance of reaching Santiago.
- **Midday (Flexible)** – Explore the Historic Centre
Wander through Santiago's UNESCO-listed old town. Follow the narrow stone streets, arcades, and small plazas, stopping where the atmosphere invites you. This is the heart of the city and best experienced slowly.
- **Afternoon (Flexible)** – Wellness & Rest
Return to the hotel and enjoy the spa, Roman baths, sauna, and pool. This is an opportunity to physically recover and mentally reflect after your journey.

Evening Experience

- **21:00 – Dinner at SIMPAR (Michelin Star)**
Your Camino concludes with a Michelin-starred dining experience at SIMPAR. A refined and memorable way to celebrate your journey together.

Key Places to Experience

- **Cathedral of Santiago de Compostela** – The spiritual and symbolic destination of your journey
- **Praza do Obradoiro** – The iconic square where pilgrims arrive and reflect
- **Old Town Streets** – A timeless network of stone streets, arcades, and hidden corners



SANTIAGO TO PORTO

Transfer Day

Tuesday, 14 April 2026

After breakfast, you will depart Santiago by private transfer, enjoying a comfortable journey south into Portugal.

Scheduled Transfer

10:00 – Private Transfer to Porto

Departure from your hotel in Santiago de Compostela.

Arrival at **The Yeatman Hotel, Porto.**

Accommodation

The Yeatman Hotel – Porto *(Confirmed)*

A luxury wine hotel overlooking the Douro River and the city of Porto, known for its exceptional views, comfort, and refined atmosphere, an ideal setting for the final stage of your journey.

Evening – Dinner at Your Leisure

Dinner is left open for you to enjoy at your own pace. The hotel concierge will be happy to recommend and arrange a restaurant based on your preferences.

Notes for the Day

- Departure is scheduled for **10:00**
- The transfer is private and direct for your comfort
- Use the afternoon to unwind after your Camino journey
- Porto offers a different atmosphere, take time to enjoy the change of setting